



**USATF-ADIRONDACK JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS**  
**Taconic Hills High School**  
**73 Co Rte 11A, Craryville, NY 12521**

Welcome to the 2017 USATF Adirondack Association Junior Olympic Track & Field Championship! We are very excited to bring you another great year of outstanding youth competition.

**AGE DIVISIONS & ELIGIBILITY REQUIREMENTS**

**Age Divisions**

8 & under (born 2009-2010)
9 - 10 (born 2007-2008)
11 - 12 (born 2005-2006)
13 - 14 (born 2003-2004)
15 - 16 (born 2001-2002)
17 - 18 (born 1999-2000)
* athletes born in 1998 are also eligible if they do not turn 19 on or before 7/30/2017

**Eligibility**

*Individuals:* Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & Under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2017 members of USATF in good standing and age verified.

Relay Teams: Only registered 2017 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. All team members must be in the same age division. All relay team runners **MUST** wear the same color tops and bottoms. Participation in a relay is applied towards event count.

**ENTRY PROCESS - ONLINE ENTRY ONLY – ENTRY CLOSING TUESDAY, June 20, at 12:00pm**

Click on the below link to access online entry. Once the athlete is registered, please check back in athletic.net to make sure that the registration has been accepted.

<https://www.athletic.net/TrackAndField/MeetResults.aspx?Meet=316565#/67677>

**There is NO DAY OF EVENT ENTRY.**

**ENTRY FEES:**

Payment at time of entry is required. All entries must pay the fee; it is an entry fee, not a participation fee.

- **INDIVIDUAL EVENTS:** \$6.00 for each individual event entered
- **RELAYS:** \$24.00 per team
- **MULTIS:** \$15 for Tri/Pent & \$20 for Hept/Dec

**Important Entry Notes**

- Fees must be paid online by the close of registration.
- Accuracy of data entered is the responsibility of each club and/or athlete.
- Please validate data for accuracy prior to submitting entry.
- An instructional video on the online registration process may be accessed by visiting, <http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx>
- **Valid 2017 USATF Membership and Proof of Birth is required for participation.** Before registration, please ensure that the youth chair has received (via mail, fax, or email) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license or U.S. government identification). See Rule 300.1 (i) for further explanation. **ALL AGE-VERIFICATION MUST BE SUBMITTED BY 5PM ON FRIDAY, JUNE 16<sup>TH</sup>.** There will be no age verification completed after this deadline.

**WAIVER**

All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically.

## COACHES

Only coaches who have completed the USATF background check, SafeSport training, and have an active USATF membership number will be given a wristband. This allows THAT coach access to the infield/competition area to help athletes get their marks or ask questions. There may be flagged off areas set up near field events for those with wristbands to watch/coach the athletes that are competing. Any parent or non-2017 USATF coach in any other restricted area may result in the immediate disqualification of their athlete/team.

Wristbands can be picked up at the registration tent in the registration tent and at packet pick up on Friday, June 23<sup>rd</sup> at Fleet Feet in Albany. A state or government issued ID is required to pick up wristband.

Coaches/parents who have not completed the USATF background check, SafeSport training, or have active USATF memberships, can purchase a wristband for \$30.

**IMPLEMENT WEIGH-IN:** At the individual field event venues.

## EVENT CHECK-IN

Runners must check in at the clerking tent when called. Field athletes must check in at their field events. Athletes will be required to remain in the designated area after check in unless there is an event conflict. Field event competitors who are also in running events must check out with the field event official and check back in on return with the field event official. Missed trials may only be taken if the competitor returns before the final round or before the competition ends. In pole vault and high jump, the bar cannot be lowered after the competition begins

## COMPETITION BIB NUMBERS

All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only (pole vaulters & high jumpers may wear bib on back of shirt). Bib numbers can be picked up on the day of the meet or at Fleet Feet on Friday, June 23<sup>rd</sup> from 4-6pm. (Those picking up at Fleet Feet will receive a \$5 off coupon, good only for June 23<sup>rd</sup>.) Lost or forgotten bib numbers will result in a \$25.00 replacement fee for each number replaced.

## EVENT RESULTS

During competition, event results will be posted behind the concession stand. In addition, live event results will be posted at finishright.com.

## PROTESTS

Protest forms and a \$50 protest fee must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

## RULES – CONDUCT & FACILITY:

### Only ¼” Spikes are allowed

The following is prohibited:

- Alcohol
- Smoking/open flame
- Glass containers
- Food/Gum on the track or the infield
- Pets
- No liquids other than water are allowed on the track surface or the infield

## WAIVERS INTO REGION I MEET

**Hammer & multi-events** (tri, pent, hept, & decathlon) will not be contested at this meet and all athletes will be waived through. Athletes wishing to compete in these events at the regional meet must do the following:

- Register & pay for the meet via the above instructions for Athletic.net.  
Send an email to [youth@adirondack.usatf.org](mailto:youth@adirondack.usatf.org) stating your waiver request

With prior approval of the Youth Chair & Games Committee, athletes who are unable to attend the Adirondack meet (due to certain circumstances) may request a waiver to advance to the Region I meet **as long as this does not displace** a top 8 finisher from the Region 1 meet. Requests must be made by June 18<sup>th</sup> by emailing [youth@adirondack.usatf.org](mailto:youth@adirondack.usatf.org). Athletes will be notified on June 20 via email whether or not the waiver has been granted.

## AWARDS

USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

## ADVANCEMENTS

The top 8 individuals and relay teams in each event of each age division will advance to the USATF Region 1 Championships to be held on July 6-9, 2017 at Fitchburg State University in Fitchburg, MA. Advancements must be completed by declaring at **Athletic.net**. More information will be available at [www.usatfne.org](http://www.usatfne.org) and at the association meet on June 25.

The National Junior Olympic Championships will be held from Monday, July 24 to Sunday, July 30 in Lawrence, KS. The top 5 athletes at the Region 1 Championships will qualify to compete in the National Championships. In combined events the top 2 athletes will qualify. Information is available at:

<http://www.usatf.org/groups/Youth/programs/JuniorOlympics/TF.asp>

**PLEASE REMEMBER...THIS MEET IS PUT ON BY VOLUNTEERS, MANY OF WHOM HAVE FULL TIME JOBS OUTSIDE TRACK & FIELD. WE WILL RESPOND TO YOUR INQUIRIES AS SOON AS POSSIBLE. PLEASE DO NOT WAIT UNTIL THE LAST MINUTE TO REGISTER AS THIS PUTS A STRAIN ON EVERYONE.**

**FOR MORE INFORMATION** please contact [youth@adironack.usatf.org](mailto:youth@adironack.usatf.org)



**USATF-ADIRONDACK JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS**  
**Sunday, June 25, 2017**  
**SCHEDULE OF EVENTS**

**8:30** Registration/check-in opens; **9:45am** track events start; **10:00am** track & field events start

### Track Schedule

**1500 meter race walk** (9-12 boys/girls) combined with  
**3000 meter race walk** (13-18 boys/girls)

**80 M hurdles** (11-12 boys/girls, final on time)  
**100 M hurdles** (13-14 girls, final on time)  
**100 M hurdles** (15-18 girls, 13-14 boys, finals on time)  
**110 M hurdles** (15-18 boys, finals on time)

**4x800M relays** (boys/girls 11-18)

**100 M dash** trials (will be run as final if 8 or less  
athletes in age division)

**3000 M run** (11-18, final on time, all)

**4x100M relays** (all divisions)

**1500 M run** (final on time, all)

**100 M dash finals** (if necessary)

**400 M dash** (final on time, all)

**2000 M steeplechase** (15-18, final on time, all)

**400 M hurdles** (15-18 boys/girls)  
**200 M hurdles** (13-14 boys/girls)

**800 M run** (final on time, all)

**200 M dash** (final on time, all)

**4x400M relays** (all divisions)

### Field Events

Times are estimated.  
We will run ahead of schedule as much as possible.

10:00: **pole vault** (13-18 girls, followed by boys)  
**shot put** (girls 8 and under, 9-10, 11-12)  
**long jump** (boys 8 and under, 9-10, pit #1)  
**aero javelin** (boys, 11-12)  
**long jump** (girls 13-18, pit #2)  
**high jump** (boys, 13-18)

11:00: **turbo javelin** (boys 8 and under, 9-10)  
**long jump** (girls 8 and under, 9-10, pit #2)  
**long jump** (boys 11-12, pit # 1)  
**discus** (girls 11-18)  
**high jump** (girls 13-18)  
**shot put** (boys 11-18)

12:00: **shot put** (boys 8 and under, 9-10)  
**high jump** (boys 9-10, 11-12)  
**long jump** (girls 11-12, pit #2)  
**aero javelin** (girls, 11-12)  
**long jump** (boys 13-18, pit # 1)

1:00: **turbo javelin** (girls 8 and under, 9-10)  
**high jump** (girls 9-10, 11-12)  
**discus** (boys, 11-18)  
**shot put** (girls, 13-18)  
**triple jump** (boys/girls 13-18)

2:00 **javelin** (boys/girls 13-18)

Age groups may be combined if numbers in an event are small

**For throwing events**, all implements must be checked and approved by an official before the athlete can check in to the event. Please help us move the meet along by having your implements checked between 9am & 10am on day of meet. For horizontal jumps and throws, athletes will have 3 preliminary attempts and 3 additional attempts if they are in the top 9 after the preliminary events. All competitors will be given 6 attempts if there are 9 or less competitors in the age division. Listen carefully to the call for each event by the announcer so the athlete can report to the clerk (running events) or field event official at least 15 minutes prior to the start of the event.

If any youth clubs will be entering teams for any of the relays, a final relay entry form must be completed and turned into the clerk no later than 1 hour before the start of each relay event. The 4x100M and 4x400M relays are open to all age groups while the 4x800M relay is open to age groups 11-12, 13-14, 15-16 and 17-18. Relay teams can only be club members and those athletes can only run on relay teams in their age division.