

President's Update

The fall racing season has seen some great performances in our Association! As we wind down 2021, think about renewing your UASTF membership so that you can hit the ground running in 2022. Your USATF membership is good for the calendar year (Jan 1 through Dec 31), so [renew early](#) to make sure you are getting the maximum benefit of your membership all year long.

Note that members who last logged into their account prior to May 2020 will need to go through an account recovery process first. [View this video](#) on how to recover your account with USATF.

LDR Update

Congratulations and thank you to everyone who participated in today's Saratoga XC Classic! On this final day of October, we were met with quintessential cross country racing weather and mud. An additional thank you to our members who also served as event volunteers and officials, a crucial part of making events like this happen.

At this time, [series scoring](#) has been updated to reflect today's race. Additionally, you can view the full set of event results from today, including age-graded team awards, [here](#).

With that, we have one event remaining in the 2021 series, the Stockade-athon 15k on Sunday, November 14! We hope you'll join us for this classic event through the city of Schenectady. [Registration](#) is still open. This race is also in need of volunteers -- if you are not running, but would like to help out, you can register to volunteer [here](#).

Track & Field / XC Update

The [Saratoga XC Classic](#) (SXCC) was held Sunday, October 31, 2021, at the Saratoga State Park. This 5k also served at the **Association's Open/Masters XC Championship**. And for the 4th year in a row, it was a damp affair, but that did not stop our Association harriers from enjoying the iconic Spa Park XC course.

Congratulations to **Jackson Cayward** (15:49) and **Nicole Moslander** (18:28) for taking the overall wins. Our 2021 **Adirondack Association XC Open champs** are **Ben Fazio** (16:06) and **Nicole Moslander**, and our Masters Champs are **Renee Tolan** (19:32) and **Anthony Giuliano** (17:02). Awesome performances, with 11 of the 83 finishers scoring over 80% age grades and 50 athletes exceeding 70%...impressive!

We also awarded prize money to the Top 2 Age Graded Teams; **Willow Street AC** was first at a team average of 82.43% (WOW!) paced by Beth Stalker, Colleen Brackett, Derrick Staley, Anthony Giuliano, and Jake Stookey and **ARE Racing Team** was 2nd at 77.85% (Renee Tolan, Nicole Moslander, Frank Woods, Michelle Merlis, and Marta Dauphinee).

A huge THANK YOU to the many volunteers who showed up early and stayed late to make this event possible. A special shout out to **John Couch** for marking the course in the pouring rain both late Saturday and early Sunday and organizing the course marshals for the race.

USATF National Club Cross Country Championships and the USATF Masters National Grand Prix Ceremony

Join your fellow masters runners at the largest Masters LDR event of the year -- the [USATF National Club Cross Country Championships](#) in Tallahassee, FL on December 11. This World Class course is arguably the best Cross Country course in the US. If you have never run this course, you are really missing something. [Registration](#) is open until Monday November 29th.

Our neighbors in the Niagara Association have been kind enough to invite Adirondack Association members to join them for their [2022 Open and Masters Indoor Championships](#) at **Ithaca College on January 9, 2022**. More info to come in the near future but **mark your calendars** for what should be a great opportunity for some indoor racing!

Youth Update

USATF New England is hosting the [USATF Region 1 Junior Olympic Championships](#) on November 21st. This meet will take place at Highland Park in Attleboro MA, a new and exciting course and one that closely mirrors the 2021 USATF Junior Olympic National Championships course in Paris KY, Bourbon County Cross Country Course!

The [National JO XC Championship](#) is being held in Paris, KY on December 11, 2021. Like with the Outdoor JOs this year, there is no qualification process at the Association or Region level. Please contact youth@adirondack.usatf.org with any questions about this event or other youth-related USATF activities.

Officials Update

Congratulations to Lisa Mills and Laura Dolins for completing the official's recertification for 2021 to 2024 Olympiad. Lisa and Laura have been certified as National level official.

There is a scheduled annual meeting of the Officials Group on **Tuesday, November 09, from 6:30 to 8:00pm**. It will be a hybrid meeting where the in-person meeting will be at the Clifton Park Halfmoon Public Library, Moe Road, Clifton Park. The teleconference is by Google Meet.

For those who prefer to attend by Google Meet, contact Steve George at officials@adirondack.usatf.org to allow people to participate in the meeting.

We will be recapping the past year and proposed changes to the operating procedures. This will be a great opportunity for those who wish to be a USATF official to learn more about the USATF organization and the Adirondack Association.

If anyone has any questions about USATF track and field or cross country rules which includes the Junior Olympic and Masters program, contact Steve George at the following: officials@adirondack.usatf.org.

Also, at the upcoming USATF National Annual teleconference Meeting, to be held December 2-5, there are a good number of sessions pertaining to track and field rules and rules interpretation that covers NCAA and High School rules as well as USATF rules. Please consider being a part of this annual event.

Event Sanctioning

A USATF sanction is an official designation issued by USATF, through a local Association, which approves and licenses the holding of a competitive track & field, long distance running or racewalking event in the United States. The sanction is also a contract, which evidences the event's commitment to follow national and international rules and regulations of the sport and to provide a safe environment for the participants and spectators. Once the event has satisfied the sanction requirements, the event's application for sanction is approved.

The benefits of sanctioning your event include increased prestige, liability insurance, sport accident insurance for athletes, calendar coverage, records and dispute resolutions. If you are interested in having your event USATF sanctioned, please contact John Pusateri, Sanctions Chair at sanctions@adirondack.usatf.org.

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