



March 2021

NEWSLETTER

Vol. 3 No. 3

Message from USATF Adirondack President Bill Quinlisk

I attended the Electric City 5 Miler Saturday March 13th and have to say it was terrific to see so many USATF athletes back out on the race circuit! While things are certainly not back to normal, it was a great event nonetheless; kudos to the AREEP Staff for giving our members a chance to compete in these challenging times.

It appears we might be turning the corner on the pandemic, so it is a good time to remind clubs and members to renew their 2021 memberships. The new USATF national office membership renewal system can be challenging. The new system is called "USATF Connect". We recommend watching [the training video](#) on the USATF national website before you try to join or renew. Your membership starting point [can be found here](#).

With the new system, anyone wanting to renew their membership will have to first migrate their previous data over to the new USATF Connect system. If mistakes are made, it can be difficult to back-track. I know; it happened to me. I found help through the USATF national office "[Contact Us](#)" link. It can also be found by going to www.usatf.org and scrolling down to the very bottom of the home page and clicking on the "Contact Us" link. Fill out the contact form with as much information and explanation of the problems you are having with the system and what you are trying to accomplish. The national office staff has been surprisingly responsive to these requests. I discovered that one of the main difficulties with the new membership renewal process has been individuals who have used old web bookmarks or search engine URLs that lead them to the older USATF "Legacy" webpages. This is a bad move. Use the new web platform membership links provided above.

The Adirondack LDR Grand Prix leadership will consider extensions on GP registration for this year's Grand Prix for runners having difficulty navigating the membership renewal process. This will be done on a case-by-case basis. Just contact the LDR Committee at LDR@adirondack.usatf.org and explain your difficulties. In the meantime, don't forget to register for the Schenectady Firefighters' Run 4 Your Life 5k and run the race!

LDR Update

2021 LDR Grand Prix Has Officially Kicked Off !

Things got started Saturday March 13th with the inaugural [Electric City 5 Miler](#) in Schenectady. A great turnout of over 500 athletes enjoyed the brisk, sunny day with some notable USATF individual and team performances.

This month, we also have [the Schenectady Firefighters' Run 4 Your Life 5K](#) on Saturday, March 27th. This event also serves as the USATF Adirondack Association 5k Open & Masters Championship.

Additionally, we have added other events to the series! The full list of races as well as series information can be found [here](#). Once series scoring information becomes available, it will also be linked.

Track & Field Update

Hopefully everyone has seen the exciting news about the [Empire State Track & Field Classic](#) to be held July 24, 2021 at SUNY Cortland. This meet will serve as the **New York State Championship** for the four (4) USATF Associations (Adirondack, Long Island, New York and Niagara) within the state of New York. The top three finishers at the 2021 USATF Adirondack Outdoor Track & Field Championships will qualify to compete.

Due to the current lack of outdoor facilities, we do not yet have a date for the Adirondack Association event, but we expect that to change as the high school outdoor seasons get underway. We will announce a date and location as soon as it is finalized. We hope to send a strong contingent of ADK athletes to Cortland to represent our Association!

Hall of Fame Nominations

The Greater Capital Region Track, Field and Cross Country Hall of Fame is accepting candidates for its fourth class of inductees and has decided to combine the third and fourth classes in one ceremony in the fall of 2021.

Due to the pandemic, inductions for the third class had to be postponed in September. The committee recently decided that a tentative rescheduled date for the spring of 2021 would not be practical, either.

Eligible candidates include track and cross country standouts, road racers, coaches and contributors whose achievements occurred primarily in the Capital Region. Nominees must be at least five years removed from high school, but need not be retired from the sport. Nominations will be accepted through April 15. Nomination forms are available at the [hall's website](#).

Event Sanctioning

A USATF sanction is an official designation issued by USATF, through a local Association, which approves and licenses the holding of a competitive track & field, long distance running or racewalking event in the United States. The sanction is also a contract, which evidences the event's commitment to follow national and international rules and regulations of the sport and to provide a safe environment for the participants and spectators. Once the event has satisfied the sanction requirements, the event's application for sanction is approved.

The benefits of sanctioning your event include increased prestige, liability insurance, sport accident insurance for athletes, calendar coverage, records and dispute resolutions. If you are interested in having your event USATF sanctioned, please contact Kristen Hislop, Sanctions Chair at sanctions@adirondack.usatf.org.

USATF Adirondack Leadership Team

Executive Committee

President - Bill Quinlisk
Vice President – Kim Skylstad
Secretary – Kristen Willson
Treasurer – John Pusateri

president@adirondack.usatf.org
vicepresident@adirondack.usatf.org
secretary@adirondack.usatf.org
treasurer@adirondack.usatf.org

Board of Directors

Officials Chair – Steve George
Long Distance Running & Cross-Country Chair – Michelle Merlis
Track & Field and Race-Walking Committee Chair – Craig Evans
Youth Committee Chair – Molly Goodrich
Member-at-Large (Adult Clubs) - John Sestito
Member-at-Large (Youth Clubs) – Kari Deer
Past-President – Abby Atkins

officials@adirondack.usatf.org
ldr@adirondack.usatf.org
trackandfield@adirondack.usatf.org
youth@adirondack.usatf.org
jsestito823@aol.com
kldeer@icloud.com
aatkins2424@gmail.com

Additional Board Support

Sanctions Chair – Kristen Hislop
Newsletter Editor – Kim Skylstad
Association Office – (518) 233-4979

sanctions@adirondack.usatf.org
vicepresident@adirondack.usatf.org
office@adirondack.usatf.org