



August 2021

NEWSLETTER

Vol. 3 No. 8

## Message from USATF Adirondack President Bill Quinlisk

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Congratulations to all who represented the USATF Adirondack Association at the Empire State Classic Track & Field Championships held at SUNY Cortland on Sunday, July 25th. Our Association finished 2nd in both the Men's and Women's Team competition. Thanks go out to the contingent of USATF Adirondack certified officials who traveled to work the meet. Special thanks go to Treasurer John Pusateri who served as our representative to the Games Committee and Track & Field Chair Craig Evans who staffed our welcome tent. Complete meet results for the T&F event [are here](#) and the 4 Mile Road race [here](#).

As has been previously announced, 2021 is an election year for the USATF Adirondack Association. In odd-numbered years the electable positions shall include: Vice-President, Secretary, Youth Committee Chair and the At-Large Representative for Adult Clubs. We have extended the online nomination deadline to August 31, 2021. Complete [information on the election](#) is available in the Association News section of our website.

The 2021 General Membership Meeting of the USATF Adirondack Association has been tentatively scheduled for Sunday, October 3, 2021 at 1:15 p.m. at the Elm Rd. Park Large Pavilion in Delmar, NY. Complete meeting information will be available in a separate emailing later this month. We hope to have a one hour Officials Committee meeting/clinic at Noon just before the general membership meeting.

Hope to see everyone at the [Night of Miles](#) our own LDR Grand Prix event at Shen on Friday evening, August 6th .

## LDR Update

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Next up in the LDR Series is the [Night of Miles!](#) This is a great chance to get off the roads and onto the track for a really fun event. Races are run according to age and gender; all are welcome!

We continue to feel incredibly grateful to be able to offer series competition this year and are very thankful to the race directors who have elected to be a part of our series and produce these races as well as the runners who have chosen to show up and run in them -- thank you all for helping to make this happen!

As always, full series information, the most up-to-date schedule, and scoring can be [found here](#).

## Track & Field Update

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Congratulations to the [Empire State Classic](#) Team representing the Adirondack Association in Cortland on July 25<sup>th</sup>! The men's and women's teams both finished second overall, with individual wins by Timothy Jeralds (110m Hurdles), Samuel Sterantino (400m), Gianna Locci (100m, 200m, Long Jump), Alexa Doe (2000m Steeple, 3000m), Logan Hunter (Shot Put), Harley Buczkowski (Discus), Tobias Jeralds (Javelin), and Melia Couchman (Pole Vault). Also, in the [4 Mile Road Race](#), Gary Burak got the win for the 60-69 age group. Lots of other ADK athletes medaled and we saw some great performances in this inaugural event held at a terrific venue!

The second running of the [Night of Miles](#) will be held on **Friday evening August 6<sup>th</sup> at Shenendahowa High School**. The Night of Miles will feature a 1 mile run on the track, with divisions for different age groups and genders. This event is for athletes of all ages, USATF members and non-members alike. The NoM was a big hit in its first year, where we also saw a new America Record set by Marisa Sutera-Strange of 5:27.09 for the W55-59 age group. Races for youth begin first at 5:00pm with the Elite divisions running around 9:15pm. Stick around for the Elimination Mile at the end; it's a blast to watch or run! Complete details are [on the event website](#), and **registration is open until Thursday August 5<sup>th</sup> at Noon EDT**. There is day-of registration, but we strongly encourage online registration.

Please note that current USATF event protocols require a) proof of vaccination or b) a negative COVID **PCR** test within 7 days of the event. There are numerous [free testing sites](#) available in the Capital Region. **Rapid antigen tests are no longer acceptable** due to [Saratoga County](#) exceeding the 5% positivity rate threshold on 7/29.

## Officials Update

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**Leadership Update:** Joe Shufelt has made the decision to step down as Certification Chair of the Officials Group. We thank Joe for his many years of service as cert chair and training coordinator. We all benefitted from all his work devoted to the Association. Steve George, the Officials Group Chair, has assumed the duties of Certification Chair on a temporary basis until another member of the Officials Group is approved to take over the responsibilities. Anybody who is interested in becoming an official or has started to complete the application or rules review, please contact Steve George at [officials@adirondack.usatf.org](mailto:officials@adirondack.usatf.org) or at 518-928-6875 (mobile). Also, any official who wishes to seek an official's level, please contact Steve George. Remember, in order for the Association to be accredited, one criterion is that there be a minimum of 30 officials. So, please consider helping the Association be becoming an official.

**NYS Empire State Classic:** The Adirondack Association Officials Group supplied six officials as part of the officiating crew for the NYS Empire State Classic on Sunday, July 25<sup>th</sup> held at SUNY Cortland. Those officials and the event(s) they worked were: Al Heywood – Throws, Lee Townsend – Throws, Carl Matuszek – Pole Vault, Bill Martin – Pole Vault, Kathy Sullivan – Long & Triple, Chet Boehlke – Long & Triple.

Many thanks for their availability and hard work at this event.

**Official of the Year:** Every year, the National Officials Committee asks each Association to select an official as their Association's outstanding official. For this year, the outstanding officials are Bill Quinlisk and Joe Shufelt. Bill was selected for his work as Association president for the past four years, for his years of service as meet director and committee member for a number of USATF National cross country championships and for being selected chair of

the officials selection committee for NCAA track and field championships. Joe has been the Association's Officials Group certification chair for the last 11 years and he has helped guide officials from the initial membership and certification process to the recertification at the beginning of each Olympiad and upgrade to the next officiating level.

## Event Sanctioning

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A USATF sanction is an official designation issued by USATF, through a local Association, which approves and licenses the holding of a competitive track & field, long distance running or racewalking event in the United States. The sanction is also a contract, which evidences the event's commitment to follow national and international rules and regulations of the sport and to provide a safe environment for the participants and spectators. Once the event has satisfied the sanction requirements, the event's application for sanction is approved.

The benefits of sanctioning your event include increased prestige, liability insurance, sport accident insurance for athletes, calendar coverage, records and dispute resolutions. If you are interested in having your event USATF sanctioned, please contact Kristen Hislop, Sanctions Chair at [sanctions@adirondack.usatf.org](mailto:sanctions@adirondack.usatf.org).

# USATF Adirondack Leadership Team

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## Executive Committee

President - Bill Quinlisk  
Vice President – Kristen Hislop  
Secretary – Kristen Willson  
Treasurer – John Pusateri

president@adirondack.usatf.org  
vicepresident@adirondack.usatf.org  
secretary@adirondack.usatf.org  
treasurer@adirondack.usatf.org

## Board of Directors

Officials Chair – Steve George  
Long Distance Running & Cross-Country Chair – Michelle Merlis  
Track & Field and Race-Walking Committee Chair – Craig Evans  
Youth Committee Chair – Molly Goodrich  
Member-at-Large (Adult Clubs) - John Sestito  
Member-at-Large (Youth Clubs) – Kari Deer  
Past-President – Abby Atkins

officials@adirondack.usatf.org  
ldr@adirondack.usatf.org  
trackandfield@adirondack.usatf.org  
youth@adirondack.usatf.org  
jsestito823@aol.com  
kldeer@icloud.com  
aatkins2424@gmail.com

## Additional Board Support

Sanctions Chair – Kristen Hislop  
Newsletter Editor – Craig Evans  
Association Office – (518) 233-4979

sanctions@adirondack.usatf.org  
trackandfield@adirondack.usatf.org  
[office@adirondack.usatf.org](mailto:office@adirondack.usatf.org)