

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Girls 1 Mile Run AGE 15-18**

	<b>Name</b>	<b>Age Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Points</b>
<b>Finals</b>					
1	Leclair, Anna	W17 Una	6:00.00	6:31.61	10
2	Nattanmai, Neha	W14 Una	6.30	7:08.00	8
3	Dawes, Alexis	W15 Una	6:50.00	7:42.78	6

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Women 1 Mile Run OPEN WOMEN AGE 19-39****Finals**

1	Ryan, Diane	W37	Una	5:20.00	5:34.07	10
2	Rossettini, Katie	W31	Una	6:00.00	5:46.82	8
3	Somerville, Irene	W26	Una	6:10.00	5:52.33	6
4	Zima, Laura	W39	Una	6:30.00	6:27.61	5
5	Murphy, Erin	W39	Una	6:30.00	6:28.71	4
6	Guilfoyle, Katherine	W33	Una	6:15.00	6:47.02	3
7	McPartlon, Sarah	W32	Una	7:10.00	6:51.39	2
8	Wellman, Molly	W30	Una	7:00.00	6:54.35	1
9	Kessler, Jennifer	W38	Una		7:39.63	
10	White, Cynthia	W37	Una	7:45.00	8:40.58	

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Women 1 Mile Run MASTERS 40-49****Finals**

1	Tolan, Renee	W44	Una	5:10.00	5:58.23	10
2	Lupo, Virginia	W47	Una	6:30.00	6:25.41	8
3	Grandjean, Melissa	W19	Una	6:00.00	6:44.29	6
4	Drag, Amy	W48	Una	6:35.00	6:48.47	5
5	Labombard, Jane	W46	Una	7:05.00	6:53.01	4
6	Briggs, Lee	W41	Una	6:30.00	6:53.74	3

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Women 1 Mile Run MASTERS 50+****Finals**

1	Bryans, Emily	W51	Una	5:50.00	6:11.86	2	10
2	Hislop, Kristen	W54	Una	5:59.00	6:27.27	2	8
3	Brackett, Colleen	W58	Una	6:20.00	6:42.43	2	6
4	Scott, Kim	W50	Una	7:00.00	6:56.29	2	5
5	McKeown, Margaret	W61	Una	6:49.00	7:04.27	2	4
6	Degrazia, Martha	W68	Una	7:40.00	7:48.10	2	3
7	Eisler, Kim	W52	Una	7:25.00	7:49.41	2	2
8	Betts, Andrea	W54	Una	8:30.00	7:51.71	2	1
9	Cooper, Marcia	W58	Una	9:30.00	8:39.02	1	
10	Maloney, Linda	W53	Una	8:45.00	8:44.00	2	
11	Sanchez, Cecilia	W59	Una	9:00.00	8:45.37	1	
12	Clarke, Kristine	W54	Una	8:45.00	8:48.37	2	
13	MACFIE, Barbara	W61	Una		9:09.10	1	
14	Mehan, Jill	W64	Una	10:00.00	9:23.43	1	
15	Scott, Mary Kay	W58	Una	9:00.00	9:33.87	1	
16	Bills, Terri	W50	Una	9:00.00	9:34.45	1	
17	Thompson, Diane	W65	Una	9:30.00	9:35.63	1	
18	Pratt, Anna	W63	Una	15:00.00	10:22.35	1	

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Women 1 Mile Run ELITE****Finals**

1	Bertasso, Karen	W35	Una	5:10.00	5:19.00	10
2	Moslander, Nicole	W32	Una	5:10.00	5:26.77	8
3	Buckley, Sara	W25	Una	5:20.00	5:26.96	6
4	Sutera Strange, Marisa	W56	Una	5:29.00	5:27.09	5
5	Merlis, Michelle	W30	Una	5:30.00	5:30.61	4
6	Hatton, Erin	W29	Una	5:35.00	5:32.00	3
7	Mortensen, Meghan	W33	Una	5:20.00	5:44.96	2
8	James, Megan	W30	Una	5:48.00	5:49.91	1

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019**

**SHENENDEHOWA HIGH SCHOOL**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**Boys 1 Mile Run AGE 15-18**

**Finals**

1 Quail, Jakob

M17 Una

4:30.00 4:52.63

10

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Men 1 Mile Run OPEN MEN AGE 19-39****Finals**

1	Merlis, Josh	M37	Una	4:59.90	4:54.62	10
2	O'Grady, Thomas	M34	Una	4:30.00	5:01.79	8
3	Austin, Michael	M37	Una	5:05.00	5:09.93	6
4	Perry, Alexander	M30	Una	4:55.00	5:11.45	5
5	Ninneman, Matt	M26	Una	5:05.00	5:15.00	4
6	Hart, Greg	M30	Una	5:15.00	5:15.42	3
7	McCarthy, Andrew	M35	Una	5:20.00	5:15.51	2
8	Potestio, Greg	M33	Una	5:20.00	5:31.42	1
9	Krupski, Andrew	M29	Una	6:00.00	6:14.24	
10	McPartlon, Patrick	M31	Una	7:10.00	6:47.51	
11	Banker, Jonathan	M37	Una	7:30.00	7:41.98	

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Men 1 Mile Run MASTERS 40-49****Finals**

1	Stookey, Jake	M43	Una	4:50.00	4:58.59	1	10
2	Knobloch, Aaron	M43	Una	5:00.00	5:08.97	1	8
3	Burkowski, Volker	M47	Una	5:00.00	5:09.01	1	6
4	Catlett, Jonathan	M41	Una	5:13.00	5:15.32	1	5
5	Crowley, Colin	M42	Una	5:05.00	5:17.40	1	4
6	Reed, Andrew	M48	Una	5:15.00	5:29.68	1	3
7	McGarry, Gabriel	M42	Una	5:40.00	5:30.03	2	2
8	Dinicola, Michael	M44	Una	5:12.00	5:34.51	1	1
9	Geesler, Dean	M46	Una	5:35.00	5:37.07	2	
10	Zachgo, Rick	M48	Una	5:23.00	5:39.27	1	
11	Seregott, Neil	M47	Una	5:40.00	5:59.37	2	
12	Cote, Denis	M48	Una	6:40.00	6:22.21	2	
13	Tebo, Matthew	M41	Una	6:55.00	6:31.23	2	
14	Tyrrell, Neil	M44	Una	6:30.00	6:38.43	2	
---	Cannell, Randall	M46	Una	5:00.00	DNF	1	
---	Houlihan, Paul	M46	Una	7:00.00	DNF	2	



**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Men 1 Mile Run MASTERS 50+****Finals**

1	Conston, Jeff	M51	Una	4:59.00	5:04.38	2	10
2	Greenberg, Ben	M50	Una	4:55.00	5:07.63	2	8
3	Stephenson, Mark	M55	Una	4:59.00	5:26.25	2	6
4	McNamara, Scott	M51	Una	5:35.00	5:36.26	2	5
5	Borden, Brian	M55	Una	5:30.00	5:45.91	2	4
6	Sesito, John	M55	Una	5:40.00	5:54.36	2	3
7	Bean, Bill	M59	Una	5:55.00	5:57.57	1	2
8	Giambalvo, Bob	M70	Una	5:57.00	6:04.24	1	1
9	Pusateri, John	M51	Una	5:20.00	6:07.13	2	
10	Lynch, Richard	M61	Una	6:00.00	6:09.08	1	
11	Nunez, Mark	M62	Una	5:41.00	6:18.13	2	
12	Juliano, Vince	M62	Una	7:35.00	8:20.74	1	
13	Feinstein, Ralph	M65	Una	9:00.00	9:36.33	1	
14	Lee JR, Raymond	M77	Una	13:00.00	12:10.92	1	
---	Staley, Derrick	M60	Una	5:15.00	DNF	2	

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Men 1 Mile Run ELITE****Finals**

1	Fazio, Ben	M24	Una	4:10.00	4:23.32	10
2	Lange, Matthew	M23	Una	4:20.00	4:32.38	8
3	Donegan, Shaun	M33	Una	4:35.00	4:34.18	6
4	Metacarpa, David	M17	Una	4:22.00	4:37.08	5
5	Decker, Holden	M16	Una	4:18.00	4:40.10	4
6	Carroll, Patrick	M28	Una	4:30.00	4:42.86	3
7	Terry, Chuck	M37	Una	4:40.00	4:46.22	2
8	Hislop, Jack	M16	Una	4:40.00	4:55.18	1
9	Rizzo, Thomas	M22	Una	4:45.00	4:56.10	
---	Woods, Brian	M34	Una	4:37.00	DNF	

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019**

**SHENENDEHOWA HIGH SCHOOL**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**Mixed 1 Mile Run AGE 1-10**

**Finals**

1	Tolan, Addison	W10	Una		7:08.88	10
2	Lopez, Lyla	W8	Una	7:10.00	7:11.35	8
3	Tebo, Inara	W9	Una	11:00.00	9:19.06	6

**USATF ADIRONDACK NIGHT OF MILES - 7/12/2019****SHENENDEHOWA HIGH SCHOOL****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****Mixed 1 Mile Run AGE 11-12****Finals**

1	Nattanmai, Rohit	M12	Una	5:53.00	6:09.30	10
2	Ramani, Advaith	M12	Una	6:06.00	6:10.28	8
3	Perkins, Jacob	M11	Una		6:32.44	6
4	Connelly, Maya	W12	Una	7:00.00	6:48.03	5
5	Tolan, Sydney	W12	Una		6:49.68	4
6	Diconza, Alec	M12	Una	6:26.00	6:49.87	3
7	Alber, Lucas	M12	Una	7:15.00	7:30.66	2

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**SHENENDEHOWA HIGH SCHOOL**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**Mixed 1 Mile Run AGE 13-14**

**Finals**

1	Lanoie, Spencer	M13	Una	6:00.00	5:58.53	10
2	Pusateri, Angelina	W13	Una	5:30.00	5:59.57	8
3	Day, Ava	W13	Una	7:00.00	7:33.84	6