USATF Adirondack Association Junior Olympic Cross Country Championship

Sunday, November 8, 2026
12:00pm

Meet Directors: Molly Goodrich**,** John Pusateri - youth@adirondack.usatf.org

Entry Information: The Association entry fee is $8 plus fees per athlete. Please follow the below link for registration.

https://www.athletic.net/CrossCountry/meet/287583/register

Entries will *close November 6th at 6:00pm* The registration fee must be paid online.

PLEASE READ BELOW

Valid 2026 USATF Membership and Age Verification is required for participation. All age verification must be completed with the USATF National Office, the Adirondack Association cannot facilitate this process. Please call the National Office Customer Service Department with any questions (317) 261-0500
*****This process must be completed prior to registration. Please give the National Office 5 days or more to process *****

***Athletes who compete in a State High School or Collegiate Championship Series may be advanced into the USATF Regional Meet without competing at the Association meet **IF** their Association meet date is in conflict with their school competition. Conflict means both meets are held within 48 hours of the other. Any athlete who wishes to be granted a waiver to the Regional Junior Olympic Championship **must** register the athlete first, then email - youth@adirondack.usatf.org by Wednesday, November 5th, at 5:00pm, to request the waiver (Include name, date of birth, USATF member number, high school or college competition name). Once the waiver request is reviewed you will receive an email of acceptance or denial by November 5th 10:00pm
Please see Competition Rules for full explanation: https://www.usatf.org/governance/rule-books

Qualification Information: The top 5 teams and other 30 individuals finishing within their gender/age group are eligible to advance to the Region 1 Championship on November 22nd at Noble HS - Berwick Maine. The Region 1 meet registration is only on Athletic.net and open once all Region 1 Association meets are final.

Teams: Teams must represent current USATF member clubs; and athletes representing clubs must be registered members of said clubs prior to participation in their Association Championships. All members of the same club listed on the team declaration roster at the Association finals are eligible to compete on the club's team (minimum of 5, maximum of 8) in the next round of Qualifications up to and including the National Championships as long as the team qualifies. In order to declare a team, a club must enter a minimum of 5 and a maximum of 8 athletes by the entry deadline. The composition of the team at each round can change if you submit a change form at the registration at packet pickup at least 2 hours prior to the race and any athlete changed must be listed on the declaration roster. A,B,C teams may be declared. All team members must wear matching tops.

Rules: 2026 USATF Competition rules apply. https://www.usatf.org/governance/rule-books

Division and Year of Birth:

8 and Under Division - 2018 and Later	(2K)	**13-14 Division -** 2012-2013	(4K)
9-10 Division - 2016-2017	(3K)	**15-16 Division -** 2010-2011	(5K)
11-12 Division - 2014-2015	(3K)	**17-18 Division -** 2008-2009	(5K)

Schedule of Events: **12:00 Bib pick up Opens**

Course is open for walk-throughs

RACE STARTS - 12:30pm - 2K (Boys 8 & Under, Girls 8 & under)

1:00pm - 3K (Boys and Girls 9-10 Division)

1:30pm - 3K (Boys and Girls 11-12 Division)

2:00pm - 4K (Boys and Girls 13-14 Division)

2:30pm - 5K (Boys and Girls 15-18 Division)

2:30pm - 5K (Open and Masters Championship 19+)

Schedule subject to change so please arrive early. Games Committee may combine or split Divisions as necessary

Results: Results will be available after each race as soon as possible and then will be posted on Athletic.net once meet becomes official. We will have hand timing for this event so please be patient. Finishing order is based upon the athlete's body crossing the finish line and decided by the Judges and/or Officials in any close finish.

Awards: Association Ribbons will be awarded: 1st, 2nd and 3rd individuals and teams and Finisher Ribbons to remainder.

Protests: Protests must be submitted to a Games Committee member or the Referee within 60 minutes of posting of a race's results. The Meet Referee will make a decision. Appeals of the Referee's decision shall be made in writing within 30 minutes to the Jury of Appeals (which is constituted by the Games Committee) and shall be accompanied by a $100 fee. The fee is returned if the decision is reversed.

Games Committee: John Pusateri, Molly Goodrich, John Deer, Kari Deer, John Sestito, Tyler Ronin

Course Description: Course runs through a combination of grass, gravel, wooded groomed trails, cinder Rail Trail which can be somewhat muddy after heavy rain or snow. This is a spike preferred course. All race distances have been measured and are accurate within a small margin of error to be correct.

Parking: Please park in designated lots and not on any grass.

NO DOGS ARE ALLOWED ON THE COURSE TRAILS OR WITHIN THE REGISTRATION AREA

*** Please forward any questions to youth@adirondack.usatf ***